

Carers Resources

Age UK

www.ageuk.org.uk/information-advice/care/helping-a-loved-one

Information for people caring for a loved one.

Care Quality Commission

www.cqc.org.uk

The Care Quality Commission is the independent regulator of health and adult social care in England. They regulate care provided by the NHS, local authorities, private companies and voluntary organisations. They aim to make sure better care is provided for everyone - in hospitals, care homes and people's own homes. They also seek to protect the interests of people whose rights are restricted under the Mental Health Act.

Carers Trust

www.carers.org

Tel: 0844 800 4361

The Trust exists to make it easier for carers to cope by providing information, support and practical help to carers. The national network of over 100 independently managed Carers Centres across the UK currently reaches well over 100,000 carers a year.

Carers UK

www.carersuk.org

Tel: 020 7378 4999

Carers UK is the leading campaigning, policy and information organisation for carers.

Citizens Advice

www.citizensadvice.org.uk

Offers free, confidential, impartial and independent advice to the public about many things including health costs and services. Addresses and contact telephone numbers of local offices are listed on their website.

Department of Health and Social Care

www.gov.uk/government/organisations/department-of-health-and-social-care

The Department of Health and Social Care (DHSC) exists to support ministers in leading the nation's health and social care to help the people in England to live more independent, healthier lives for longer. Their website has information on policy, guidance and publications for NHS and social care professionals.

I want great care

www.iwantgreatcare.org

Is an independent organisation that aims to help every patient get great care. It rates and reviews the performance of doctors, dentists, medicine, nursing homes and pharmacies from patient feedback.

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