

General Cancer Organisations and Support Groups

Cancer Research UK

www.cancerresearchuk.org

Tel: 0808 800 4040, 9am - 5pm Monday to Friday

A very thorough site that covers all the major cancers with lots of medical information. It includes information about different cancers, diagnosis, treatment, living with it, as well as publications, help organisations and other websites. Its information is informative and easy to read.

Macmillan Cancer Support

www.macmillan.org.uk

Tel: 0808 808 00 00 8am -8pm

Macmillan provide quality assured, up-to-date cancer information, written by specialists for patients, relatives and carers. They also provide grants for cancer patients in financial need and specialist cancer nurses.

A-Z

British Association for Counselling and Psychotherapy

www.bacp.co.uk

Tel: 01455 883300

BACP members are individuals and organisations concerned with counselling in a variety of settings. Publishes directories of counselling services.

Cancer Black Care

www.cancerblackcare.org.uk

Tel: 020 8961 4151

Addresses the needs of black people affected by cancer. Cancer Black Care offers information, advice, counselling, advocacy and interpretation services as well as training and cultural awareness for healthcare professionals.

Cancer Focus Northern Ireland

www.cancerfocusni.org

Tel: 0800 783 3339 Nurseline: Mon-Fri 9am-1pm

Provides support and information for cancer patients and their families as well as working for improved treatments.

Cancer Support Scotland

www.cancersupportscotland.org

Offers counselling, complementary therapy, befriending and stress management services to promote mental and physical wellbeing and to enable those affected by cancer to continue to live the most active life possible in their community. Formerly known as Tak Tent.

Chai Cancer Care

www.chaicancercare.org

Tel: 0808 808 4567

Jewish cancer support organisation in North London, that offers a wide range of services including information, counselling, complementary therapies, nutritional, legal and financial advice, and wellbeing clinics.

Chemo Care

www.chemocare.com

An American site so the treatment procedures may differ from the UK. Scott Hamilton's chemotherapy site offers the latest chemo information for cancer patients and their families, caregivers and friends. Outlines all you should know about chemotherapy and cancer treatment.

CLAN Cancer Support

www.clancancersupport.org

Tel: 01224 647000

Is an independent charity covering the whole of Grampian, Orkney and Shetland giving support and information for anyone affected by any type of cancer at any time from diagnosis onwards. Whether affected personally, as a carer, family member or close friend, their services are available to you. Please contact them for details of local support groups and services.

Young lives vs Cancer (CLIC Sargent)

www.younglivesvscancer.org.uk

A charity providing services for children and young people with cancer. Provides professional help and practical care to children and young people diagnosed with cancer, and to their families. Gives financial assistance to families in need. Provides short therapeutic holidays for these young people and their families.

CYANA: Cancer You Are Not Alone

www.cyana.co.uk

Tel: 020 8553 5366

Community based organisation in East London offering support, information, individual counselling for Newham residents, and social activities. CYANA has an Asian Link Worker who can provide assistance in Punjabi, Hindi, and Urdu.

Experimental Cancer Medicine Centre Network

www.ecmcnetwork.org.uk

The aim of the ECMC Network is to bring together laboratory and clinical patient-based research to speed up the development of new therapies and biomarkers by evaluating new drugs and individualising patient treatment. Through a combination of regular national meetings and workshops, expertise and best practice will be shared across the network.

Look good feel better

www.lookgoodfeelbetter.co.uk

Tel: 01372 747 500

Is a charity funded by companies in the UK cosmetics and toiletries industry, offering free support to people living with cancer. Groups of patients are invited to a beauty workshop where they get advice and guidance from beauticians on how a skin care and make-up regimen can help them to cope with emotional and appearance-related side effects of their treatments.

Maggie's – Everyone's home of cancer care

www.maggies.org

Maggie's is for those recently diagnosed with cancer, have been living with cancer for years or have a friend or relative who has cancer. Each Centre is situated beside an NHS Cancer Hospital and has been designed to be as un-institutional as possible, with light, space and warmth. You don't need to make a time or appointment to visit a Maggie's Centre you can just walk through the door or visit them online. There are no payments to be made and no forms to be filled in. All their centres are run by professional, specialist staff. They are always at hand to talk to you or for you to talk to them.

Marie Curie Cancer Care

www.mariecurie.org.uk

Tel: 0800 090 2309

A charity providing information and support and free care to cancer patients and their families.

MRC Clinical Trials Unit

www.ctu.mrc.ac.uk

Tel: 0207 670 4700

Website listing all recent UK clinical trials relating to cancer, completed and ongoing.

NHS Cancer Screening Programmes

www.nhs.uk/conditions/nhs-screening/

Provides information about the UK NHS screening programmes.

Penny Brohn – Cancer wellbeing for everyone

www.pennybrohn.org.uk

Tel: 0303 3000118

Holistic cancer therapy centre where you can learn about complementary approaches such as relaxation, meditation, visualisation, spiritual healing, and nutrition for cancer patients.

Formally called The Bristol Cancer Help Centre.

SCAN - South East Scotland Cancer Network

www.scan.scot.nhs.uk

This site aims to bring together up to date, relevant and accurate information about local services for people affected by cancer and health care professionals in fife, Lothian, Borders, Dumfries and Galloway.

Shine Cancer Support

www.shinecancersupport.org

A UK charity that supports adults in their 20s, 30s and 40s who have experienced a cancer diagnosis.

Teenage Cancer Trust

www.teenagecancertrust.org

Tel: 020 7612 0370

Offers unique care and support, designed for and with young people. They fund specialised nurses, youth workers and hospital units in the NHS, so young people have dedicated staff and facilities to support them throughout treatment.

Tenovus- Wales

www.tenovuscancercare.org.uk

Tel: 0808 808 1010

Welsh charity which provides support, information and education for cancer patients and their families.

The National Cancer Institute (USA)

www.cancer.gov

The NCI conducts and supports research and training and disseminates health information about all cancers, covering diagnosis, prevention, and treatment of cancer, rehabilitation, and the continuing care of cancer patients and their families. A no nonsense approach with good medical information, but some of the American drug names, treatments and terminology may be unfamiliar.

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